

HECLA HALF MARATHON

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	TRAVIS ZAGRODNIK	WINNIPEG, MB	RUNNER	2186	01:27:58:90	4:10/k	14.4kph	M	39	
2	CRAIG ERB	WINNIPEG, MB	RUNNER	2132	01:30:01:91	4:16/k	14.1kph	M	43	
3	BOB COX	WINNIPEG, MB	RUNNER	2121	01:30:23:90	4:17/k	14.0kph	M	57	
4	REG KMET	WINNIPEG, MB	RUNNER	2154	01:34:24:39	4:28/k	13.4kph	M	35	
5	JASON FRIDFINNSON	WINNIPEG, MB	RUNNER	2137	01:36:12:78	4:34/k	13.2kph	M	31	
6	SARAH MILLAR	HEADINGLEY, MB	RUNNER	2170	01:36:29:40	4:34/k	13.1kph	F	35	
7	GORDON FLETT	WINNIPEG, MB	RUNNER	2135	01:38:40:47	4:41/k	12.8kph	M	57	
8	CHRISTINE KAEGI	WINNIPEG, MB	RUNNER	2147	01:39:19:46	4:42/k	12.7kph	F	44	
9	LOUIS ALLAIN	SAINT-LAURENT, MB	RUNNER	2104	01:40:19:55	4:45/k	12.6kph	M	60	
10	LINDSAY BOYKO	WINNIPEG, MB	RUNNER	2117	01:43:50:40	4:55/k	12.2kph	F	39	
11	BRETT LAMOUREUX	WINNIPEG, MB	RUNNER	2159	01:46:20:70	5:02/k	11.9kph	M	34	
12	CLAYTON BOYD	WINNIPEG, MB	RUNNER	2116	01:47:28:35	5:06/k	11.8kph	M	24	
13	PATRICIA LAUSMAN	WINNIPEG, MB	RUNNER	2164	01:47:31:69	5:06/k	11.8kph	F	29	
14	SHANNON LEACH	WINNIPEG, MB	RUNNER	2165	01:47:49:55	5:07/k	11.7kph	F	45	
15	KRISTIN HEINRICHS	WINNIPEG, MB	RUNNER	2142	01:49:13:78	5:11/k	11.6kph	F	41	
16	DANA HLADY	WINNIPEG, MB	RUNNER	2143	01:50:39:86	5:15/k	11.4kph	F	42	
17	KRIS WOOD	WINNIPEG, MB	RUNNER	2185	01:50:54:53	5:15/k	11.4kph	F	44	
18	JON DVORAK	WINNIPEG, MB	RUNNER	2131	01:52:42:44	5:20/k	11.2kph	M	52	
19	STACEY STADE	WINNIPEG, MB	RUNNER	2182	01:52:45:46	5:21/k	11.2kph	F	39	
20	KRISTIN CUTHBERT	GIMLI, MB	RUNNER	2122	01:53:41:32	5:23/k	11.1kph	F	38	
21	LORI PALSSON	GIMLI, MB	RUNNER	2173	01:56:20:55	5:31/k	10.9kph	F	42	
22	CHERYL PEARSON	WINNIPEG, MB	RUNNER	2174	01:57:03:71	5:33/k	10.8kph	F	40	
23	CORRADO D'ANTONIO	WINNIPEG, MB	RUNNER	2126	01:57:22:14	5:34/k	10.8kph	M	43	
24	REBECCA MCLACHLAN	WINNIPEG, MB	RUNNER	2168	01:57:22:21	5:34/k	10.8kph	F	27	
25	TARA LANCASTER	DUGALD, MB	RUNNER	2161	01:57:42:62	5:35/k	10.8kph	F	30	
26	COREY LANCASTER	DUGALD, MB	RUNNER	2160	01:57:42:98	5:35/k	10.8kph	M	31	
27	TENEIL SAILER	CARMAN, MB	RUNNER	2177	01:58:45:48	5:38/k	10.7kph	F	30	
28	TERRINA BARSALOU	WINNIPEG, MB	RUNNER	2109	01:58:50:85	5:38/k	10.7kph	F	34	
29	SHANNON FURNESS	STONEWALL, MB	RUNNER	2139	01:59:47:66	5:41/k	10.6kph	F	19	
30	KEITH NOCIAR	WINNIPEG, MB	RUNNER	2172	02:00:16:36	5:42/k	10.5kph	M	58	
31	ESTHER ADAMSON	WINNIPEG, MB	RUNNER	2101	02:00:49:57	5:44/k	10.5kph	F	46	
32	CARLY COX	CARMAN, MB	RUNNER	2120	02:01:38:23	5:46/k	10.4kph	F	38	
33	LAURA KUHL	CLARESHOLM, AB	RUNNER	2158	02:02:07:78	5:47/k	10.4kph	F	55	
34	MATTHEW KOWALCHUK	WINNIPEG, MB	RUNNER	2156	02:02:22:63	5:48/k	10.3kph	M	32	
35	SCOTT MCCHESENEY	WINNIPEG, MB	RUNNER	2167	02:02:32:71	5:48/k	10.3kph	M	64	
36	LAURA DUTFIELD	MONTREAL, QC	RUNNER	2130	02:02:54:56	5:49/k	10.3kph	F	27	
37	ANDREW DUTFIELD	WINNIPEG, MB	RUNNER	2129	02:02:55:30	5:50/k	10.3kph	M	61	
38	BRODIE BAUER	CALGARY, AB	RUNNER	2110	02:03:02:12	5:50/k	10.3kph	M	31	
39	MICHELLE FROESE	CARMAN, MB	RUNNER	2138	02:03:57:74	5:52/k	10.2kph	F	37	
40	CHRISTINE ALEXANDER	LAC DU BONNET, MB	RUNNER	2103	02:04:10:95	5:53/k	10.2kph	F	38	
41	DAVEN FLOCK	OAKBANK, MB	RUNNER	2136	02:04:38:15	5:54/k	10.2kph	M	34	
42	DENISE LANGENDORFER	WINNIPEG, MB	RUNNER	2163	02:05:15:58	5:56/k	10.1kph	F	38	
43	ROB BERIAULT	WINNIPEG, MB	RUNNER	2114	02:05:27:19	5:57/k	10.1kph	M	41	
44	KRISTY BERIAULT	WINNIPEG, MB	RUNNER	2113	02:05:27:38	5:57/k	10.1kph	F	38	
45	JEN FIDDLER	SELKIRK, MB	RUNNER	2133	02:06:02:10	5:58/k	10.0kph	F	28	
46	KEVIN KENDEL	STONEWALL, MB	RUNNER	2149	02:06:02:15	5:58/k	10.0kph	M	50	
47	CHRISTY NICOLAJSSEN	GRAYSVILLE, MB	RUNNER	2171	02:07:57:57	6:04/k	9.9kph	F	42	
48	SCOTT THOMSON	WINNIPEG, CAN	RUNNER	2128	02:07:57:49	6:04/k	9.9kph	M	56	
49	DEBBIE BENNETT	WINNIPEG, MB	RUNNER	2111	02:09:08:80	6:07/k	9.8kph	F	54	
50	JESSICA LANDRY	WINNIPEG, MB	RUNNER	2162	02:12:15:26	6:16/k	9.6kph	F	32	
51	DAVID ADAMSON	WINNIPEG, MB	RUNNER	2102	02:13:38:43	6:20/k	9.5kph	M	51	
52	LARA ISERLOH	WINNIPEG,	RUNNER	1041	02:15:13:41	6:25/k	9.4kph	F	35	
53	JOHN CIAVAGLIA	NIVERVILLE, MB	RUNNER	2119	02:15:26:37	6:25/k	9.3kph	M	32	
54	JAMES JANZEN	WINNIPEG, MB	RUNNER	2145	02:15:27:91	6:25/k	9.3kph	M	31	
55	RANDI KELLOW	WINNIPEG, MB	RUNNER	2148	02:15:59:28	6:27/k	9.3kph	F	30	
56	GARY SUTHERLAND	WINNIPEG, MB	RUNNER	2183	02:16:08:23	6:27/k	9.3kph	M	57	

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57	JLEE GIESBRECHT	WINNIPEG, MB	RUNNER	2140	02:16:20:42	6:28/k	9.3kph	F	42	
58	KIMBERLY DODDS	WINNIPEG, MB	RUNNER	2127	02:22:52:75	6:46/k	8.9kph	F	33	
59	EMILY BAKER	STONEWALL, MB	RUNNER	2107	02:22:59:58	6:47/k	8.9kph	F	19	
60	HEATHER MESSNER	BLUMENORT, MB	RUNNER	2169	02:23:18:92	6:47/k	8.8kph	F	32	
61	KIMBERLEY ALLEN	SELKIRK, MB	RUNNER	2105	02:24:11:81	6:50/k	8.8kph	F	36	
62	DALIP SHEKHAWAT	WINNIPEG, MB	RUNNER	2180	02:24:12:19	6:50/k	8.8kph	M	42	
63	SHELAGH BAKOS	STONEWALL, MB	RUNNER	2108	02:24:33:80	6:51/k	8.8kph	F	44	
64	CHRIS KJEAR	STONY MOUNTAIN, MB	RUNNER	2153	02:26:46:71	6:57/k	8.6kph	M	54	
65	NANCY SEDO	SELKIRK, MB	RUNNER	2179	02:28:02:66	7:01/k	8.6kph	F	38	
66	DANIELLE PERRON	WINNIPEG, MB	RUNNER	2175	02:29:46:98	7:06/k	8.5kph	F	32	
67	DEVIN ANDERSON	WINNIPEG, MB	RUNNER	2106	02:31:01:50	7:09/k	8.4kph	F	27	
68	MATT TUSTIN	WINNIPEG, MB	RUNNER	2184	02:31:01:79	7:09/k	8.4kph	M	28	
69	KIM SMITH	WINNIPEG, MB	RUNNER	2181	02:36:08:47	7:24/k	8.1kph	F	60	
70	SHANNON KJEAR	STONY MOUNTAIN, MB	RUNNER	2152	02:36:20:53	7:25/k	8.1kph	F	51	
71	JENNIFER BENT	WINNIPEG, MB	RUNNER	2112	02:38:13:48	7:30/k	8.0kph	F	34	
72	STEPHANIE CARVALHO	SFX, MB	RUNNER	2118	02:38:14:43	7:30/k	8.0kph	F	31	
73	SHELLY DANKOCHIK	GIMLI, MB	RUNNER	2125	02:38:39:50	7:31/k	8.0kph	F	50	
74	ANDREA RICHARDSON-LIPON	WINNIPEG, CAN	RUNNER	2100	02:41:03:74	7:38/k	7.9kph	F	38	
75	JILL SAUNDERS	WINNIPEG, MB	RUNNER	2178	02:45:49:40	7:52/k	7.6kph	F	53	
76	ALI CUTHBERT	WINNIPEG, MB	RUNNER	2123	02:47:21:13	7:56/k	7.6kph	F	22	
77	ROSANNA CUTHBERT	GIMLI, MB	RUNNER	2124	02:47:21:44	7:56/k	7.6kph	F	52	
78	BRIAN KESZLER	WINNIPEG, MB	RUNNER	2150	02:49:51:88	8:03/k	7.5kph	M	40	
79	CHANTALE KESZLER	WINNIPEG, MB	RUNNER	2151	02:49:53:30	8:03/k	7.5kph	F	32	
80	TRACY STEMPNICK	WINNIPEG,	RUNNER	2155	02:53:50:92	8:14/k	7.3kph	F	36	